

Who helps to keep us safe?

PSHE (Health & Wellbeing)

Keeping Safe, People who Help us

In this unit the children will:

- Talk about the different people in the community who help us and keep people safe (what job do they do and how do they help?)
- Explore different scenarios where they might need help, who might support them and how they could attract attention or ask for help
- Identify people they can trust to help and support them
- Learn how to respond safely to adults they do not know and recognise when something doesn't feel right

Key Vocabulary

- **Emergency**-A dangerous situation that requires immediate attention
- **Emergency Services**- fire, police, ambulance and coastguard
- **Trust**- something that you believe to be good



Key Knowledge

- People in the community have specific roles and jobs to help people and keep us safe
- If I feel unsafe or worried for myself or others, I can ask someone I trust to help me
- It is important to keep asking for help until someone listens to me
- In an emergency I can call 999 for the fire service, police or an ambulance, I should tell them where I am and why I am worried
- When talking to someone I do not know I need to think carefully and listen to what my body tells me

Dial 999 for help in an emergency!

Who can help me?



Quality Assured Resources

(£- cost)

- 1decision (5-8) -Keeping/Staying Safe (£)

